

Class Schedule 2023-2024

<u>Class</u>		<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Trot'n Tots	45 min Creative Movement					10:30AM	8:15AM
3-4 Year Old 1 Hr	1 Hr Ballet, Tap, Tumbling			4:00PM		9:30 AM	9:00AM
4-5 Year Old 1 Hr	1 Hr Ballet, Tap, Tumbling			5:00PM	4:30PM	1:30PM	10:00AM
5-7 Year Old 1 Hr	1 Hr Ballet, Tap, Tumbling	4:00PM			5:30PM		11:00AM
6-9 Year Old 1.25 Hr	1.25 Hr Ballet, Tap, Jazz		5:15PM			4:30PM	9:15AM
8-11 Year Old 1.5 Hr	1.5 Hr Ballet, Tap, Jazz			6:00PM			10:30AM
12-up combo 1.5 Hr	1.5 Hr Rec Combo Class	5:00PM					
Ballet 1/2 1Hr	1 Hr ages 9-up*				7:00PM	5:00PM	
Ballet 3/4 1 Hr	1 Hr ages 12-up*	6:30PM			5:00PM		
Ballet 5/6 1 Hr	1 Hr ages 12-up*	8:00PM					
Jazz 1/2 1 Hr	1 Hr ages 9-up*			6:00PM			
Jazz 3/4 1 Hr	1 Hr ages 12-up*		6:30PM				
Jazz 5/6 1 Hr	1 Hr ages 12-up*		6:30PM				
Contemp/Lyrical 1/2 1Hr	1 Hr ages 9-up*			7:00PM			
Contemp/Lyrical 3/4 1 Hr	1 Hr ages 12-up*		7:30PM				
Contemp/Lyrical 5/6 1 Hr	1 Hr ages 12-up*		7:30PM				
Tap 1/2 45 Min	45 Min ages 9-up*			5:15PM			
Tap 3/4 45 Min	45 Min ages 12-up*		5:45PM				
Hip-Hop Intro	45 Min ages 5-8			4:30PM			
Hip-Hop 1 1 Hr	1 Hr ages 7-10	5:30PM					
Hip-Hop 2 1 Hr	1 Hr ages 10-13	6:30PM					
Hip-Hop 3 1 Hr	1 Hr ages 13-up	7:30PM					
Pre-Pointe 30 min	30 min ages 9-up				6:30PM	4:30PM	
Pointe 1 1 Hr	1 Hr ages 12-up*				6:00PM		
Pointe 2 1 Hr	1 Hr ages 12-up*				7:00PM		
Pointe 3 1 Hr	1 Hr ages 12-up*				8:00PM		
Weekly Workshop**	1.5 Hrs ages					6:00PM	
Conditioning	30 Min ages 12-up*	7:30PM	5:15PM			4:00PM	
Rehearsal	Performance Prep Time	4:15PM	8:30PM	4:15PM	8:00PM		

* Class placement is determined by Dance Institute Instructors

** Variety of classes including Arco, Tricks and Musical Theater. Included with the Unlimited Membership or \$25 drop-in